



How to make a Headband for uncomfortable facemasks.

What you will need:

- 1 piece of fabric – 5" - 6" x 14" (13-15cm x 36cm)
1 piece of fabric – 2 ¾" x 11" (7cm x 28cm)
- 1 elastic 1" x 7" (2.5cm x 18cm)
- 2 large buttons

Method:

Step 1 - First cut your fabric and elastic to size.

Step 2 - Fold each piece of fabric face to face lengthways and create a tube by sewing a ¼" seam on the long edge.

Step 3 - Lay tube flat and press. Turn both tubes the right sides out way and press.

Step 4 - Feed elastic through smaller tube and stitch securely at each end.

Step 5 - Lay tubes face to face and rap ends of larger tube around smaller tube and stich securely into place. Repeat at the other end.

Step 6 - Turn in correct way and attach buttons close to the fabrics joins